



INTERNAL QUALITY ASSURANCE CELL (IQAC)
ST. XAVIER'S COLLEGE (AUTONOMOUS)
(Recognized as "College with Potential for Excellence" by UGC &
Accredited at A⁺⁺ Grade with a CGPA of 3.66 / 4 in IV Cycle by NAAC)
PALAYAMKOTTAI - 627002



"Mental Health Well-being of Staff Members"

PROGRAMME SCHEDULE

Date : 29.11.2025 (Saturday) **Venue :** Prof. Peter Paradesi Hall

12.15 p.m.: **Registration**

12.30 p.m.: **Prayer Song**

Welcome Address : **Dr. J. SAHAYA MARY**
Assistant Director, IQAC

Blessing : **Rev. Fr. Dr. S. IGNACIMUTHU, S.J.,**
Rector, St. Xavier's Institutions

Felicitations : **Rev. Fr. Dr. S. LAZAR, S.J.,**
Secretary, SXC

Inaugural Address : **Rev. Fr. Dr. GODWIN RUFUS, S.J.,**
Principal, SXC

Felicitations : **Dr. A. LOURDUSAMY**
Deputy Principal, SXC

12.40 p.m. : **Session: Diabetes is a Reversible Disease**
Dr. J. J. AMALA JANICE SEELAN
Chief Siddha Physician,
Namm Siddha & Varma Clinic

01.10 p.m. : **Question Answer Session**

Vote of Thanks : **Ms. R. Joze Rubika**
Assistant Professor, Dept. of English

Master of Ceremonies : **Ms. A. LINNET**
Assistant Professor, Dept. of English

**N.B: After the Programme any staff could have a
one to one consultation with the doctor**





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Organized by

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